

## SOME DEVELOPMENT APPROACHES THAT ARE AVAILABLE TO YOU

## DEVELOPMENT MATRIX: LEARNING GOALS MAPPED AGAINST METHODS & TACTICS

The matrix that follows indicates how you might make possible connections between what you might want to learn (enter along the top) and different approaches you might choose to assist you in that learning (indicated down the side).

In the matrix there is a worked example of what one person thought might be useful to help them to improve time management and that also suit the ways in which they like to learn.

You could, if you wished, go along the top and write in your learning goals – one for each box. Then you could go down the list and tick the boxes of any learning approaches that might be useful. Alternatively you could just use the list on the left to stimulate your thinking about the methods and tactics you might use.

Many of the work based approaches are explained more fully in:

THE HANDBOOK OF WORK BASED LEARNING (2004) CUNNINGHAM, I., DAWES, G. AND BENNETT, B., ALDERSHOT HANTS.: GOWER.

LEARNING GOALS	Time Manage- ment			
TACTICS				
Appraisal and performance reviews				
Coaching	V			
Experiential learning				
E learning				
Internship				
Job rotation/job swap				
Learning group	$\sqrt{}$			
Learning resource centre (LRC)				
Qualification				
Sabbatical				

Secondment/assignment/attachment			
Self development			
Training course			
Team development			

METHODS							
DIAGNOSTICS							
360 degree feedback	V						
Action review	√						
Assessment centre							
Benchmarking							
Development centre	V						
Psychometric test/instrument/checklist	√						
Peer review	V						
Repertory grid							
DIRECTED, STRUCTURED, FORMAL, FACE-TO-FACE							
Briefing/demonstration/ presentation							

Business game								
Case studies								
Conference								
Lecture								
Seminar								
STRUCTURED, INTERACTIVE, LESS FORMAL, FACE-TO-FACE								
Away day								
Buddying	V							
Communities of Practice								
Dialogue								
Discussion	V							
Exhibition								
Induction								
Large group process								
Learning lab								

Interviewing							
Meeting	<b>√</b>						
Project	√						
Research							
Retreat							
Supervision							
Temporary Group - Task group/working group/committee/steering group							
Teaching							
Tutorial	$\checkmark$						
Witnessing	√						
Workshop and masterclass							
OPEN, LESS STRUCTURED, INFORMAL, INTERACTIVE							
Café society							
Consulting							

Counselling			
Critical friend	V		
Delegation	V		
Deputising/acting up	V		
Learning by Walking about (LBWA)			
Mentoring			
Mistakes			
Observation/listening	V		
On-the-job learning			
Questioning/asking	V		
Shadowing	V		
Travel			
Video feedback			
Videoconference/webcam/ teleconference	<b>V</b>		
Volunteering			
Visit			

SOLO ACTIVITIES				
Diary				
Learning log	√			
Mindfulness	V			
Meditation				
Reading				
Reflection	√			
CD/DVD	√			
Writing				
ON -LINE AND ELECTRONIC				
eLearning				
Distance learning				
Massive Open Online Course (MOOCs)	√			
Mobile Learning	√			

OpenCourseWare			
Social Media - blogs, twitter, etc			
Virtual learning environments eg Second Life			
You Tube			

OTHER METHODS THAT WORK FOR YOU AND ARE NOT MENTIONED ABOVE								

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